

EDUCATION

- Aug. 2007 -** PhD Candidate International Nutrition/Nutrition Epidemiology at the University of Maryland (UMD).
- Sept 2003** M.S. Nutrition Science University of New Hampshire (UNH).
- May 2001** B.S. Nutrition Science/Dietetic Curriculum. UNH.
- May 1998** M.S. Applied Human Nutrition / Nutrition Policy University of Nairobi, Kenya.
- June 1992** B.S. in Human Nutrition. National University of Rwanda. Equivalent to two years undergraduate in the USA (WES evaluation).

TEACHING EXPERIENCES

- 2007 –Present** **Teaching Assistant /Lecturer University of Maryland, College Park. Department of Nutrition and Food Science.**
Instructor for NFSC 100
Teaching Assistant Executive for NFSC 100 ~ 500 students
Teaching Assistant for NFSC 315 - Nutrition During Life Cycle -120 students.
Guest Lecturer for NFSC 100 and NFSC 315.
- 2010-2011** **Adjunct Professor** Radians College, Washington D.C. Nutr.260
- 2008** **Adjunct Professor** Prince George Community College
Department of Nutrition MD
- 2004-2006** **Preceptor for Senior Dietitian** UNH students during a 6 weeks practicum at Wentworth Douglass Hospital, New Hampshire.
- 2004** **Instructor** for Biol 150 Nutrition – New Hampshire Community Technical College Stratham.
- 2001 –2002** **Graduate Teaching Assistant**, University of New Hampshire
- 120 students.

CLINICAL EXPERIENCES

2005 – Clinical Dietitian Consultant

- Providing individual counseling for managing chronic illnesses.

2007 – 2008 Clinical Dietitian, Holy Cross Hospital Silver Spring MD

- Provided nutrition assessment, counseling and education to patients, family and caregivers.
- Monitored the effectiveness and appropriateness of medical nutrition therapy and progress toward attainment of desired outcomes.

2004 – 2006 Consultant Dietitian, Rochester Manor Nursing Home

- Developed and implemented nutritional care plans.
- Quarterly trained nursing and nursing assistant.
- Prepared Federal and State evaluation and implemented changes.

2003 – 2006 Clinical Dietitian, Seacoast Cancer Center NH

- Managed and coordinated all aspects of the provision of nutrition services for the seacoast cancer Center, Wentworth Douglass Hospital (WDH) NH.

COMMUNITY SERVICES

1998-2007

- Provided nutrition counseling and participated in a forums as a guest speaker to cancer survivor groups in the Seacoast WDH community, NH.
- Participated in screening and counseling for chronic illnesses in local communities in NH.
- Moderated a forum on Sustainability and Environmental Awareness for African Diplomats, NGO's and students at the Embassy of Ghana in Washington, D.C.
- Participated in an Advocacy Program on legislations affecting, Community Nutrition Policies and Health Care and HIV at the Capitol Hill, Washington.D.C.
- Participated in a group fundraising (\$50,000) and renovated 8 class-rooms in Rwanda.
- Provided resources and advocated for the education of orphans in Rwanda and Uganda.

RESEARCH WORK DONE

- Preventing heart disease in Manchester NH, USA using a Peer Counselor Approach, 2003.
- Research assistant for data collection on “food consumption patterns in Nairobi, Kenya” January to April, 1998.
- Thesis: differential characteristics between participants and non participants in women groups and their relationship with the nutritional status of children under five years in Msambweni Location, Kwale District – Kenya, November 1997.
- Internship: Nutritional problems diagnosis in Makongeni Estate, Thika district, Kenya. November 1995.
- Food security – activities to improve the welfare of mothers and their children in Butare, Rwanda. April 1992.

PUBLICATIONS - BOOK CHAPTERS

- Food, Cuisine, and Cultural Competency for Culinary, Hospitality, and Nutrition Professionals: Rwanda. Chapter 34. Margaret Udahogora, MS, RD, PhD Candidate and Colette Janson-Sand, PhD, RD, LD. Edited by Sari Edelstein, PHD, RD Simmons College, Boston MA. Jones and Bartlett Publishers 2011.
- Health benefits and bioactive compounds in Field Peas, Faba Beans, and Chickpeas. Margaret Udahogora MS, RD, PhD Candidate 2011. Printing of manuscript in progress.

PROFESSIONAL MEMBERSHIP

- Global Health Council.
- American Dietetic Association.

HONORS AND AWARDS

2003 Dietetic Intern of the year New Hampshire Dietetic Association
2001 member of Golden Key National Honor Society
2001 High Honor student full scholarship for graduate school
1993 ‘Honor Scholarship’ from the German Academic Exchange Services

COMPUTER SKILLS

PowerPoint, Microsoft word, Microsoft Excel, SPSS, SAS, STATA

LANGUAGES:

English, French, Kinyarwanda, Swahili, and Kirundi.